

# Good Root Growers

## Veggie Detail

Plant	Heirloom	Open Pollinated	Organic Seed	Hybrid	Days to Maturity	Avg Wt /Size	Remarks	2020 Updates
Amana Orange	✓	✓			90	12 oz	Large-up to 2 lbs, orange beefsteak, mild, pleasant flavor	
Amish Paste	✓	✓	✓		85	10 oz	Best for sauces and canning, deep red fruits with "real tomato" flavor, medium acidity	
Andrew Rahart		✓			90	1 lb	Large beefsteak slicer with a hint of tartness, intensely red, 4" fruits, high yield	
Aunt Rubys German Green	✓	✓	✓		85	14 oz	Green blush light yellow w/amber/pink tinge, flavor is sweet, tart, rich, spicy	
Beefsteak - Mark Twain	✓	✓	✓		85	1 lb	Deep red interior and full body. Crack free and tender. Will not take much handling	
Black Krim	✓	✓	✓		80	14 oz	Russian, brown/red w/brown/green shoulder, bold smoky, full flavor, large slicer	
Black Prince	✓	✓	✓		75	6 oz	Siberian, darkens w/more sun, rich fruity flavor, high yield, less crack than Krim	
Brandywine Red	✓	✓	✓		78	1 lb	Deep pink skin/red flesh,excellent flavor, rich, spicy	
Cherokee Purple	✓	✓	✓		77	10 oz	Flat globe, dusky pink, dark shoulder with multicolored interior, full favor. Short vines, prone to sunburn	
Current - Red, Sweet Pea		✓	✓		78	Pea	Excellent tomato flavor with a hint of wine, fruit in trusses of 10-12, spreading habit	
Current - Yellow, White		✓	✓		73	Pea	Sweet, tiny fruit half the size of a cherry tomato grown in heavy clusters. Creamy-white with tinge of yellow	
Delicious	✓	✓			77	1 lb	Large-up to 3 lbs, excellent slicer, large meaty full flavor fruit with minimal crack	
German Johnson	✓	✓	✓		75	1.5 lbs	Brandywine variety, deep acidic flavor, rich creamy texture. Pink parent line to Mortgage Lifter	
Gold Medal	✓	✓			80	2.5 lbs	Sweet, large and flattened, bi-colored fruit, orange-yellow with red streaks	
Green Zebra	✓	✓	✓		72	4 oz	Salad/slicer green stripe/w yellow blush, excellent flavor with tang, long production season	
Ground Cherry - Aunt Molly's	✓	✓	✓		70	12 gm	Polish variety prized for unique flavor, prolific, super sweet, husk turns brown when 1/2-3/4" fruit ripens	
Hungarian Heart	✓	✓			85	14 oz	Large pink oxheart, few seeds, almost no crack, for fresh eating, canning, and roasting	
Indigo Cherry Drop		✓	✓		80	1.5 oz	Artisan dark blue anthocyanin coloration over red flesh, semi-determinate, good flavor with 'plummy' overtones	
Jaunne Flamme	✓	✓	✓		75	2-3 oz	French - salad sized fruits. Fruity and tangy. Perfect for snacking and drying. Crack resistant.	✓
Mortgage Lifter	✓	✓			71	2 lbs	Huge-up to 4 lbs, deep pink, meaty, crack free, old fashioned flavor, high yields	
Mr. Stripy	✓	✓			85	1.5 lbs	Large-up to 2 lbs, red/yellow striped beefsteak, large ridge shouldered, mild, low acid	
Opalka	✓	✓	✓		82	3x5"	Massive horn-shaped red fruits with dry texture and few seeds. The crinkly foliage normal, Polish heirloom	
Pear - Austin's Red	✓	✓	✓		80	2"	Superior flavor, elongated neck, very productive	
Pear - Beam's Yellow	✓	✓			75	1.5"	Endless supply of fruits with great flavor, Ideal for salads	
Pink Bumblebee	✓	✓	✓		65	1 oz	Artisan rose colored fruits w/iridescent gold striping, sweet, juicy, crack resistant, tolerates cool night temps & hot days	
Principe Borghese	✓	✓	✓		75	16 gm	Italian, plum shaped, excellent flavor, few seeds, little juice, no crack, perfect for drying	
Red Cherry	✓	✓			75	1.25 oz	Bright red uniform fruits with a sweet juicy flavor. 19th century heirloom from Ben Quisenberry collection	
Roma		✓	✓		65	5 oz	Paste tomato - productive with great disease resistance, thick walled, deep red with mild flavor	
Rose de Berne		✓	✓		80	6 oz	French, med size the delivers robust taste, pink and perfectly round	
San Marzano		✓	✓		78	5 oz	Slightly rectangular, bright red, extra solid, excellent flavor with balanced acidity, Determinate	

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	Sun Gold Cherry			✓	57	18 gm	Yellow/orange flesh, resists splitting, intense fruity sweet flavor	
	Tomatillos - Verde		✓	✓	77	4 oz	For classic salsa verde, harvest slight larger than golf ball or turn yellow for tangy nutty raw snack	
	Wisconsin 55			✓	80	8 oz	Excellent all-purpose tomato, great for canning	
Basil	Large Leaf			✓	70	24-36"	The choice of many connoisseurs for making pesto. Also called Perfumed Basil – more aromatic	
	Holy (Sacred)			✓	✓	100	24"	1-1/2" leaved annual, purple stems, synonymous with Tulsi tea, used medicinally for digestion and immune system
	Lemon - Mrs. Burns	✓	✓	✓	64	24-30"	1-1/2" leaved annual, intense lemony fragrance, from New Mexico	
	Purple - Opal	✓	✓	✓	78	16"	3" flat, dark purple leaved annual	
	Thai			✓	60	10-24"	2" leaved annual, purple stems/blooms, with anise-clove flavor	
Herbs	Borage			✓	✓	55	2-3'	Cucumber flavor edible small blue flowers and young leaves, use in salads, tea, cough syrups, ice cubes
	Catnip			✓	✓	85	24"	Perennial- deer resistant, fly and mosquito repellent. 12-24" wide. Medicinally used for fever and digest aid
	Chamomile - German			✓	✓	65	24"	Fragrant self seeding annual. Small white edible flowers appear early through midsummer. Calming effect
	Chives			✓	✓	80	12-18"	Hollow, grass like leaves, hardy perennial, Asian remedy for colds and flu, enjoy fresh or dried
	Cilantro - Caribe			✓	✓	55	20-30"	Long standing annual, late to seed (for coriander), lots of flavorful foliage, chelating agent
	Dill - Bouquet			✓	✓	55	12-24"	Annual, biggest, ferniest, plant with good seed and leaf yields, most widely grown variety
	Dill - Fernleaf			✓		55	18"	Dwarf annual, slow to bolt abundant foliage for extended pickling season
	Hyssop - Anise			✓	✓	85	30"	Lemony - licorice flavored leaves & flowers, use in teas, seasonings, strengthens heart, for fevers, colds, coughs
	Lavender - Monstead			✓		110	18"	Perennial to zone 4 if mulched, compact bushy plant
	Lemon Balm			✓	✓	70	18-24"	Perennial, edible flowers, medicinally for colds, flu, headache, sedative, digestion, cold sores, antiviral
	Lemongrass			✓		85	3-4'	Pot to indoors as perennial, used for flavor, teas, medicinally for digestion, fever, anti-inflammatory
	Loveage			✓	✓	90	6-8"	Perennial leaves taste like celery, used for tonic salads, potatoes, rice, poultry, seeds in bread and pastry
	Mojito Mint			✓		85	12"	Cuban mint milder than its northern relative. Popularized drink with added rum and lime
	Marjoram			✓	✓	90	18"	Low bushy plant with trailing stems, pot to indoors as perennial, sweeter more balsam-like than oregano
	Oregano - Greek			✓	✓	80	12-24"	Perennial to zone 4, dark green leaf, white flower, medicinal for indigestion
	Parsley - Curly			✓		75	12-16"	Dense triple-curved medium-green parsley holds its color, excellent stalk flavor
	Parsley - Leaf			✓		75	16-18"	Sweet, smallest flat leaf offered, uniform growth
	Peppermint			✓			12-24"	Perennial, true to type through propagation, excellent for culinary or medicinal use, invasive
	Rosemary			✓	✓		12-24"	Pot to indoors as perennial, medicinally used for headaches, circulation. Sturdy straight stems used as skewers
	Sage			✓	✓	90	2-3'	Small lavender flowers, medicinally used for digestion and nerves
	Spearmint			✓			12-24"	Perennial, common mint: med-digestion, invasive
	Tarragon - French			✓			2-3'	Perennial if mulched, anise flavored herb used to flavor meats and eggs
Thyme - English			✓	✓	90	6"	Perennial if mulched, vigorous, semi-upright plant, strong, earthy scent and flavor	
Thyme - Lemon			✓	✓	NA	7"	Variogated-upright with citrus flavor and aroma, used to season fish, salads, and vegetables	
Zaatar			✓	✓	90	24"	Richly scented and 'spicy' seasoning that combines the flavors of Marjoram, Oregano, and Thyme	
	Anaheim	✓	✓		78	8"	Mild chile pepper turning green to red with tapered point. Famous Cultivar developed in 1900s for canning pepper in Anaheim,	
	Aura			✓	✓	73	4-5"	Tapered, 2-3 lobed fruits, deliciously sweet and fruity, yellow of trio snack pepper, high yield
	Beaver Dam	✓	✓		80	6"	Mildly hot and sweet, horned shaped, orange-red fruit	

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Peppers	Cayenne - Joe's Long Red	✓	✓	✓	83	6"	Hot, zesty pepper just a ½" wide. Use in sauce or dried and ground as a peppering spice.		
	Gilboa - Orange Bell	✓	✓	✓	80	3x4"	Blocky sweet fruity-green to bright orange. Bred 1952 from Amer Cal-Wonder by Hazera youth ass'n in Ben-Shemen, Israel.		
	Paquino		✓	✓	75	1-1/2"	small, pointed fruits have a unique fruity, slightly tart flavor with a tiny bit of heat. Eaten eaten raw, cooked, or pickled.	✓	
	Glow			✓	✓	73	4-5"	Tapered, 2-3 lobed fruits, deliciously sweet and fruity, orange of trio snack pepper, high yield	
	Habanero		✓			95	2"x1-1/4"	Super hot, peach color, Scoville: 100,000-350,000	
	Hot Wax - Hungarian		✓			68	5"x1.5"	Best hot pepper for cool climates, Scoville: 5,000-10,000	
	Italia Sweet - Tolli's	✓	✓	✓		75	5"	Long scarlet-red peppers, sweet full pepper flavor, great for sauces, stir fry, canning recipes	
	Jalapeno M	✓	✓	✓		70	3-1/2"	Most well known, thick walls, dark green color, Scoville: 3,500-6,000	
	Jimmy Nardello	✓	✓	✓		76	3-1/2-4"	Long curve, taper pointed, deep red/wrinkled, sweet, crisp, light pepper, excellent raw and fried	
	King of the North	✓	✓	✓		70	3-1/2"	Best variety where seasons are cool and short. Turns green to red. Uniform fruits with a great, sweet flavor.	
	Lipstick		✓	✓		75	4-5"	Heart shaped, thick-walled, deliciously sweet and fruity, red of trio snack pepper, high yield	
	Pablano - Ancho		✓			88	6"	Classic pepper for chili relenos, turns green to red to near black, Scoville: 1,000-2,000	
	Pasilla Bajio		✓	✓		85	6"	Thin walled, slender, green-black, mildly warm, rich, smoky - enchilada sauce, salsas, dried/mole sauce	
	Peperoncini	✓	✓			75	2-3"	Italian pepper pickled to add to pizza and salads. thin walled, slightly bulbous end tangier than a Hot Wax 100-500 SCU	
	Pimento - Round of Hungary		✓	✓		80	2"x4"	Early and prolific, rich fruity taste, adapted to cooler temps. Attractive container for dip	
	Serrano - Hidalgo		✓	✓		85	3"	High yield, red or green peppers shaped like a Jalapeno, Scoville: 6,000-23,000	
	Sunbright - Yellow Bell	✓	✓	✓		80	3x4"	Crisp and sweet bell pepper turning golden yellow, great for grilling and fresh eating	
	Sweet Banana	✓	✓	✓		70	4-6"	Bright yellow fruits are sweet, crunchy, eaten raw and pickled, sweeten as they ripen	
Tabasco		✓	✓		95	1-1/2"	World famous for sauce, needs a great deal of heat to fruit than produces very heavy yields.		
Eggplant	Black King (Beauty)			✓	80	1 lb	High yields, no spines, deep purple, 7" ovals		
	Orient Charm			✓	65	8-10"	Asian, long cylindrical shape, distinctive fluorescent and pastel pink skin with a white flesh, few seeds		
	Orient Express			✓	58	8-10"	Dark purple, adaptable, tender, delicate flavor, quick cooking, early variety		
	Rosa Bianca	✓	✓	✓		82	5"x6"	Italian, plump and variably ribbed, mild, creamy taste, best adapted to warm nights with higher yields	
Specialty	Okra - Clemson Spineless	✓	✓	✓		60	3-5"	Uniform, deep green ribbed and spineless pod, harvested when 3" long, excellent quality	
	Cotton (Non-Edible)			✓	120	3'	White or light pink blooms - into fall boils open to display white cotton - fun to grow - produces w/long summer		
	Eucalyptus - Silver Drop (Non-Edible)	✓	✓			90	4'	Delicate, silvery, tear-drop shaped leaves contain highly fragranced oil used for aroma therapy & medicinally.	
	Loofah (Non-Edible)		✓			60	2'	Native to India, harvest at 2' length, dry to brown in approx 2 weeks may soak to remove outer skin, cut to size	
	Peanut - Tennessee Red	✓	✓			110	18"	Valencia type-cultivate around plant allowing "pegs" to penetrate soil - fun to grow - produces w/long summer	
Sweet Potato - Orange					90		Moist, sweet, orange fleshed, early, widely adapted for cooler climes, dig up before soil drops below 50 degrees.		
Cukes	National Pickler		✓			52	3-5"	Black spine dark green fruits are vigorous dependable producers - quality holds throughout season	
	Green Finger		✓	✓		60	14"	Thin skin, exceptional flavor, small seed cavity, high yield, long cold storage life	
	Marketmore		✓			58	8-9"	Very dark green slicer, long harvest, a standard for northern gardens, few seeds, disease resistant	
	Tasty Green		✓	✓	✓	60	9"	A slender Asian burpless variety with delicate skin and sweet flavor, shallow ridges with sweet flavor, heavy yields	
ns	Cantaloupe - Delicious		✓	✓		75	2-3#	Ripening quickly for heavy yields of aromatic fruit, juicy, sweet flesh dark orange w/ slight ribbing	
	Cantaloupe - Minnesota Midget	✓	✓	✓		68	4"	Sweet, extra-early variety bred by U of M, excellent choice for northern gardeners, suitable for containers	

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Melon	Honeydew - Honeycomb			✓	78	5.5#	Outstanding flavor and aroma! Early-maturing honeydew boasts smooth, cream colored skin and icy green	✓	
	Watermelon - Petite Yellow		✓	✓	73	6#	Deliciously sweet and refreshing small "icebox" melon, early maturity, adapted to shortseason areas		
	Watermelon - Sugar Baby		✓	✓	75	6-12#	Excellent short-season variety with reliable yields of sweet, juicy melons, 7-8.5" in diameter.		
Squash	Buttercup - Burgess	✓	✓	✓	95	3-4#	Oscar H. Will of Bismarck-ND introduced in 1931. Sweet, deep orange, with acorn shaped, sweet or savory, shorter storage		
	Costata Romanesco	✓	✓	✓	60	6-12"	Italian green zucchini, excellent texture and nutty flavor, raw or cooked		
	Delicata	✓	✓	✓	100	1#	1894 heirloom – sweet flesh, oblong "boats" perfect serving dish. No peel skins tender and nutty. Med storage variety		
	Midnight Lightening		✓	✓	55	7-8"	Extra long and slender zucchini with dark green, almost-black coloring, disease resistant		
	Saffron Yellow		✓		42	4-6"	Yellow semi-crookneck, large leaves give good sunburn protection		
	Spaghetti	✓	✓	✓	88	4"	Wonderful nutty flavor, a great keeper." Oblong fruits, with spaghetti-like strings in the flesh - to US 1934 from Japan		
	Sunburst Pattypan			✓	52	12-18"	Yellow patty pan, tender, round w/scalloped edge, highly adaptable		
	Zephyr			✓	54	4-6"	Harvest young, nutty firm texture, yellow with green end		
	New England Pie Pumpkin		✓	✓	105	5#	Classic pie pumpkin with dry, stringless flesh and superior thick consistency in pies		
	Alliums	Green Onion - Summer Island		✓		55	12"	Japanese bunching onion - mellow, sweet flavor, cold hardy	
Leeks - King Richard			✓	✓	100	18-30"	Very dark blue/green foliage, holds in fields for fall harvest, overwinters if moderate, mild onion flavor		
Onion - Red Carpet				✓	✓	118	3-1/2"	Deep maroon-skinned, with juicy, firm, thick rings, heavy, long, harvest, ultra-reliable red keeper	✓
Onion - Cortland				✓	✓	105	3-4"	Thick copper skin, fine necks, and round shape, uniform size, adaptable, standard yellow keeper	✓
Onion - Walla Walla			✓	✓	125	2"	Sweet Spanish onion, juicy and mild, not for storage		
Shallots - Conservor				✓	✓	110	2"	darkest red-skinned variety available from seed, smooth onion-y taste, bulbs store through April	
Brassica & Aplaceases	Broccoli - Belstar	✓	✓	✓	70	6"	Beautiful uniform blue-green heads of densely packed florets ideal for cold and warm weather planting		
	Broccoli - Romanesco	✓	✓	✓	80	8"	Intriguing chartreuse color with textural whorled heads. A culinary delight since the 16th century.		
	Brussel Sprouts - Long Island	✓	✓	✓	90	24"	Compact plants yield 50-100 dark green 1½" sprouts over an extended period.	✓	
	Cabbage - Early Jersey Wakefield	✓	✓	✓	63	5-7"	Green, uniform, compact medium 2-3 lb waxy looking heads are distinctively pointy, tender flavorful		
	Cabbage - Mammoth Red Rock	✓	✓		100	8-10"	Red, firm flattened round 5-8 lb heads red-purple to the core, good keeper with a crisp sweet taste		
	Cauliflower - Early Snowball	✓	✓	✓	85	6-7"	Smooth heads of tightly formed white curds are solid, crisp, and tender, excellent quality		
	Cauliflower - Purple of Sicily	✓	✓	✓	90	2-3#	Brilliant purple changing to a striking green when cooked. A sweet, delicious, refined flavor, naturally insect resistant		
	Kohlrabi - White Vienna		✓	✓	63	2.5"	Pale green-skinned above ground bulbs, crisp white flesh, sweet turnip-like flavor, excellent raw or steamed		
	Pac Choi - Prize		✓	✓	47	6"	Delicious mild flavor, succulent white stems and lush green leaves, uniform, vigorous, and bolt resistant		
	Celery - Tango		✓	✓	80	2'	Early variety with superior flavor and more tender stalks, keep consistently moist		
Fennel - Perfection		✓	✓	72	6"	Good performer - sauté with onions, sweet peppers and a little toasted sesame oil.			
Greens	Collards - Georgia Southern	✓	✓		80	2-3'	Slow to bolt and tolerant of heat, cold, and poor soil, large cabbage-like leaves, tender, mild and juicy		
	Cress - Uplands		✓		50	6-8"	Easy to grow, long standing and slow bolting. Rosettes of dark-green, glossy, rounded leaves, similar to watercress.		
	Hans Tsai Tai (broccoli)	✓	✓	✓	37	8-10"	Chinese specialty aka Kailaan. Long, pencil-thin, red-purple, budded flower stems,, tender mild mustard green, raw, stir fry.		
	Kale - Dwarf Blue Curled Scotch		✓	✓	65	15"	Finely curled leaves, uniform low-growing with 20-35" spread, very hardy will overwinter zone 4 with mulch		
	Kale - Lacinato		✓	✓	62	20"	Italian, blue-green strap-like leaves 3" wide by 10-18" long, excellent flavor, best eaten when small		
	Swiss Chard - Rainbow	✓	✓	✓	60	20"	Shades of red, pink, white, yellow and gold, tender and delicious, color intensifies with delayed harvest		
	Totsoi	✓	✓	✓	45		Asian green full leaf rosette setting close to ground, use in salad and braising mixes, mild flavor. tender Versatile, heat tolerant		