

2018 Good Root Growers Vege Detail

Plant	Heirloom	Open Pollinated	Organic Seed	Hybrid	Days to Maturity	Avg Wt /Size	Remarks	2018 Updates
Amana Orange	✓	✓			90	12 oz	Large-up to 2 lbs, orange beefsteak, mild, pleasant flavor	
Amish Paste	✓	✓	✓		85	10 oz	Best for sauces and canning, deep red fruits with "real tomato" flavor, medium acidity	
Andrew Rahart		✓			90	1 lb	Large beefsteak slicer with a hint of tartness, intensely red, 4" fruits, high yield	
Aunt Rubys German Green	✓	✓	✓		85	14 oz	Green blush light yellow w/amber/pink tinge, flavor is sweet, tart, rich, spicy	
Beefsteak - Mark Twain	✓	✓	✓		85	1 lb	Deep red interior and full body. Crack free and tender. Will not take much handling	
Black Krim	✓	✓	✓		80	14 oz	Russian, brown/red w/brown/green shoulder, bold smoky, full flavor, large slicer	
Black Prince	✓	✓	✓		75	6 oz	Siberian, darkens w/more sun, rich fruity flavor, high yield, less crack than Krim	
Brandywine Red	✓	✓	✓		78	1 lb	Deep pink skin/red flesh,exclent flavor, rich, spicy	
Brandywine Yellow	✓	✓	✓		82	1 lb	Old-timer can be finicky to grow, rich flavor, one of the best tasting yellows	
Cherokee Purple	✓	✓	✓		77	10 oz	Flat globe, dusky pink, dark shoulder with multicolored interior, full favor. Short vines, prone to sunburn	
Current - Red, Sweet Pea		✓	✓		78	Pea	Excellent tomato flavor with a hint of wine, fruit in trusses of 10-12, spreading habit	
Current - Yellow, White		✓	✓		73	Pea	Sweet, tiny fruit half the size of a cherry tomato grown in heavy clusters. Creamy-white with tinge of yellow	
Delicious	✓	✓			77	1 lb	Large-up to 3 lbs, excellent slicer, large meaty full flavor fruit with minimal crack	
German Johnson	✓	✓			75	1.5 lbs	Brandywine variety, deep acidic flavor, rich creamy texture. Pink parent line to Mortgage Lifter	
Gold Medal	✓	✓			80	2.5 lbs	Sweet, large and flattened, bi-colored fruit, orange-yellow with red streaks	✓
Green Grape Cherry	✓	✓			70	16 gm	Yellow/green fruit just under 1" across, high yield, very juicy, sweet and spicy	
Green Zebra	✓	✓	✓		72	4 oz	Salad/slicer green stripe/w yellow blush, excellent flavor with tang, long production season	
Ground Cherry - Aunt Molly's	✓	✓	✓		70	12 gm	Polish variety prized for unique flavor, prolific, super sweet, husk turns brown when ½-¾" fruit ripens	
Hungarian Heart	✓	✓			85	14 oz	Large pink oxheart, few seeds, almost no crack, for fresh eating, canning, and roasting	
Indigo Cherry Drop		✓	✓		80	1.5 oz	Dark blue anthocyanin coloration over red flesh, semi-determinate, good flavor with 'plummy' overtones	
Mortgage Lifter	✓	✓			71	2 lbs	Huge-up to 4 lbs, deep pink, meaty, crack free, old fashioned flavor, high yields	
Mr. Stripy	✓	✓			85	1.5 lbs	Large-up to 2 lbs, red/yellow striped beefsteak, large ridge shouldered, mild, low acid	
Opalka	✓	✓	✓		82	3x5"	Massive horn-shaped red fruits with dry texture and few seeds. The crinkly foliage normal, Polish heirloom	
Pear - Austin's Red	✓	✓	✓		80	2"	Superior flavor, elongated neck, very productive	
Pear - Beam's Yellow	✓	✓			75	1.5"	Endless supply of fruits with great flavor, Ideal for salads	
Pink Bumblebee	✓	✓			65	1 oz	Rose colored fruits with gold striping, sweet and juicy, crack resistant fruits tolerates cool nighttime temps and hot days	✓
Principe Borghese	✓	✓	✓		75	16 gm	Italian, plum shaped, excellent flavor, few seeds, little juice, no crack, perfect for drying	
Red Cherry	✓	✓			75	1.25 oz	Bright red uniform fruits with a sweet juicy flavor. 19th century heirloom from Ben Quisenberry collection	✓
Roma		✓	✓		65	5 oz	Paste tomato - productive with great disease resistance, thick walled, deep red with mild flavor	
Roma Martino's (D)	✓	✓	✓		75	3 oz	Italian variety with puckered foliage. Very heavy set perfect for sauce, salsa, paste Falsl off the vine when fully ripe	
Rose de Berne		✓	✓		80	6 oz	French, med size the delivers robust taste, pink and perfectly round	

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	San Marzano		✓	✓		78	5 oz	Slightly rectangular, bright red, extra solid, excellent flavor with balanced acidity, Determinate	
	Sun Gold Cherry				✓	57	18 gm	Yellow/orange flesh, resists splitting, intense fruity sweet flavor	
	Tomatillos - Verde		✓	✓		77	4 oz	For classic salsa verde, harvest slight larger than golf ball or turn yellow for tangy nutty raw snack	
	Wisconsin 55			✓		80	8 oz	Excellent all-purpose tomato, great for canning	
Bas	Cinnamon		✓	✓		65	24-36"	2" leaved annual, violet stems veining flower bracts, rose pink blooms, sweet, spicy cinnamon taste/scent	
	Large Leaf		✓			70	24-36"	The choice of many connoisseurs for making pesto. Also called Perfumed Basil – more aromatic	
	Holy (Sacred)		✓	✓		100	24"	1-1/2" leaved annual, purple stems, synonymous with Tulsi tea, used medicinally for digestion and immune system	
	Lemon - Mrs. Burns	✓	✓	✓		64	24-30"	1-1/2" leaved annual, intense lemony fragrance, from New Mexico	
	Lime		✓	✓		65	30"	Darker green leaves than lemon basil, with a strong lime flavor	✓
	Opal (Rueben)	✓	✓	✓		78	16"	3" flat, dark purple leaved annual	
	Thai		✓			60	10-24"	2" leaved annual, purple stems/blooms, with anise-clove flavor	
	Borage		✓	✓		55	2-3'	Cucumber flavor edible small blue flowers and young leaves, use in salads, tea, cough syrups, ice cubes	
	Catnip		✓	✓		85	24"	Perennial- deer resistant, fly and mosquito repellent. 12-24" wide. Medicinally used for fever and digest aid	
Chamomile - German		✓	✓		65	24"	Fragrant self seeding annual. Small white edible flowers appear early through midsummer. Calming effect		
Chives		✓	✓		80	12-18"	Hollow, grass like leaves, hardy perennial, Asian remedy for colds and flu, enjoy fresh or dried		
Cilantro - Caribe		✓	✓		55	20-30"	Long standing annual, late to seed (for coriander), lots of flavorful foliage, chelating agent		
Dill - Bouquet		✓	✓		55	12-24"	Annual, biggest, ferniest, plant with good seed and leaf yields, most widely grown variety		
Dill - Fernleaf		✓			55	18"	Dwarf annual, slow to bolt abundant foliage for extended pickling season		
Hyssop - Anise		✓	✓		85	30"	Lemony - licorice flavored leaves & flowers, use in teas, seasonings, strengthens heart, for fevers, colds, coughs		
Lavender		✓			110	18"	Perennial to zone 4 if mulched, compact bushy plant		
Lemon Balm		✓	✓		70	18-24"	Perennial, edible flowers, medicinally for colds, flu, headache, sedative, digestion, cold sores, antiviral		
Lemongrass		✓			85	3-4'	Pot to indoors as perennial, used for flavor, teas, medicinally for digestion, fever, anti-inflammatory		
Loveage		✓	✓		90	6-8"	Perennial leaves taste like celery, used for tonic salads, potatoes, rice, poultry, seeds in bread and pastry		
Mojito Mint		✓			85	12"	Cuban mint milder than its northern relative. Popularized drink with added rum and lime		
Marjoram		✓	✓		90	18"	Low bushy plant with trailing stems, pot to indoors as perennial, sweeter more balsam-like than oregano		
Oregano - Greek		✓	✓		80	12-24"	Perennial to zone 4, dark green leaf, white flower, medicinal for indigestion		
Parsley - Curly		✓			75	12-16"	Dense triple-curved medium-green parsley holds its color, excellent stalk flavor		
Parsley - Leaf		✓			75	16-18"	Sweet, smallest flat leaf offered, uniform growth		
Peppermint		✓				12-24"	Perennial, true to type through propagation, excellent for culinary or medicinal use, invasive		
Rosemary		✓	✓			12-24"	Pot to indoors as perennial, medicinally used for headaches, circulation. Sturdy straight stems used as skewers		
Sage		✓	✓		90	2-3'	Small lavender flowers, medicinally used for digestion and nerves		
Spearmint		✓				12-24"	Perennial, common mint: med-digestion, invasive		
Tarragon - French		✓				2-3'	Perennial if mulched, anise flavored herb used to flavor meats and eggs		
Thyme - English		✓	✓		90	6"	Perennial if mulched, vigorous, semi-upright plant, strong, earthy scent and flavor		
Zaatar		✓	✓		90	24"	Richly scented and 'spicy' seasoning that combines the flavors of Marjoram, Oregano, and Thyme		

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Peppers	Aura			✓	✓	73	4-5"	Tapered, 2-3 lobed fruits, deliciously sweet and fruity, yellow of trio snack pepper, high yield	
	Beaver Dam	✓	✓			80	6"	Mildly hot and sweet, horned shaped, orange-red fruit	
	Cayenne - Joe's Long Red	✓	✓	✓		83	6"	Hot, zesty pepper just a ½" wide. Use in sauce or dried and ground as a peppering spice.	
	Glow			✓	✓	73	4-5"	Tapered, 2-3 lobed fruits, deliciously sweet and fruity, orange of trio snack pepper, high yield	
	Habanero		✓			95	2"x1-1/4"	Super hot, peach color, Scoville: 100,000-350,000	
	Hot Wax - Hungarian		✓			68	5"x1.5"	Best hot pepper for cool climates, Scoville: 5,000-10,000	
	Italia Sweet - Tolli's	✓	✓	✓		75	5"	Long scarlet-red peppers, sweet full pepper flavor, great for sauces, stir fry, canning recipes	
	Jalapeno M	✓	✓	✓		70	3-1/2"	Most well known, thick walls, dark green color, Scoville: 3,500-6,000	
	Jimmy Nardello	✓	✓	✓		76	3-1/2-4"	Long curve, taper pointed, deep red/wrinkled, sweet, crisp, light pepper, excellent raw and fried	
	King of the North	✓	✓	✓		57	3-1/2"	Blocky, thick-walled, early ripening with three to four lobes, productive in short, cool seasons	✓
	Lipstick		✓	✓		75	4-5"	Heart shaped, thick-walled, deliciously sweet and fruity, red of trio snack pepper, high yield	
	NuMex - Joe E. Parker		✓	✓		75	5-7"	Mild chile up to 2" wide. Turns green to red. Can be used fresh for salads, stuffing, in salsas or dried	
	Pablano - Ancho		✓			88	6"	Classic pepper for chili relenos, turns green to red to near black, Scoville: 1,000-2,000	
	Padron	✓	✓	✓		60	1-1/2"	Spanish, hot if grown 2-3" long, sautéed in olive oil with a little sea salt, eaten as tapas	
	Pasilla Bajio		✓	✓		85	6"	Thin walled, slender, green-black, mildly warm, rich, smoky - enchilada sauce, salsas, dried/mole sauce	
	Pimento - Round of Hungary		✓	✓		80	2"x4"	Early and prolific, rich fruity taste, adapted to cooler temps. Attractive container for dip	
	Serrano - Hidalgo		✓	✓		85	3"	High yield, red or green peppers shaped like a Jalapeno, Scoville: 6,000-23,000	
	Sun Bright	✓	✓	✓		75	5"	Crisp and sweet bell pepper turning golden yellow, great for grilling and fresh eating	✓
Sweet Banana	✓	✓	✓		70	4-6"	Bright yellow fruits are sweet, crunchy, eaten raw and pickled, sweeten as they ripen		
Tabasco		✓	✓		95	5"	World famous for sauce, needs a great deal of heat to fruit than produces very heavy yields.		
Eggplant	Black King (Beauty)				✓	80	1 lb	High yields, no spines, deep purple, 7" ovals	
	Orient Charm				✓	65	8-10"	Asian, long cylindrical shape, distinctive fluorescent and pastel pink skin with a white flesh, few seeds	
	Orient Express				✓	58	8-10"	Dark purple, adaptable, tender, delicate flavor, quick cooking, early variety	
	Rosa Bianca	✓	✓	✓		82	5"x6"	Italian, plump and variably ribbed, mild, creamy taste, best adapted to warm nights with higher yields	
	Artichoke - Imperial Star		✓			85	3'	Typically produces 1-2 primary buds -avg 3-4" in diameter, and 5-7 smaller secondary buds	
Etc	Okra - Clemson Spineless	✓	✓	✓		60	3-5'	Uniform, deep green ribbed and spineless pod, harvested when 3" long, excellent quality	
	Cotton				✓	120	3'	White or light pink blooms - into fall boils open to display white cotton - fun to grow - produces w/long summer	
	Loofah		✓			60	2'	Native to India, harvest at 2' length, dry to brown in approx 2 weeks may soak to remove outer skin, cut to size	
	Peanut - Tennessee Red	✓	✓			110	18"	Valencia type-cultivate around plant allowing "pegs" to penetrate soil - fun to grow - produces w/long summer	
	Sweet Potato - Beauregard					90		Moist, sweet, orange fleshed, early, widely adapted for cooler climes, dig up before soil drops below 50 degrees.	✓
	Sweet Potato - White Yam					90		Despite name not a yam! Slightly drier flesh but just as sweet, dig up before soil drops below 50 degrees.	✓
	National Pickler		✓			52	3-5'	Black spine dark green fruits are vigorous dependable producers - quality holds throughout season	
	Green Finger		✓	✓		60	14"	Thin skin, exceptional flavor, small seed cavity, high yield, long cold storage life	
	Marketmore 76		✓			58	8-9"	Very dark green slicer, long harvest, a standard for northern gardens, few seeds, disease resistant	
	Tasty Green		✓	✓	✓	60	9"	A slender Asian burpless variety with delicate skin and sweet flavor, shallow ridges with sweet flavor, heavy yields	✓
Suyo Long		✓	✓		61	15"	Extra long Asian slicer. Trellis for straight fruit. Sets well in heat		

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Melons	Cantaloupe - Delicious		✓	✓		75	2-3#	Ripening quickly for heavy yields of aromatic fruit, juicy, sweet flesh dark orange w/ slight ribbing	
	Cantaloupe - Minnesota Midget	✓	✓	✓		68	4"	Sweet, extra-early variety bred by U of M, excellent choice for northern gardeners, suitable for containers	
	Watermelon - Petite Yellow		✓	✓		73	6#	Deliciously sweet and refreshing small "icebox" melon, early maturity, adapted to shortseason areas	
	Watermelon - Sugar Baby		✓	✓		75	6-8#	Excellent short-season variety with reliable yields of sweet, juicy melons, 7-8.5" in diameter	
	Hales Best Muskmelon	✓	✓	✓		85	3-5#	Heavy producer of oval-shaped fruits with old-fashioned flavor. Heavily netted, slightly ribbed with juicy salmon flesh.	
Squash	Costata Romanesco	✓	✓	✓		60	6-12"	Italian green zucchini, excellent texture and nutty flavor, raw or cooked	
	Midnight Lightening		✓	✓		55	7-8"	Extra long and slender zucchini with dark green, almost-black coloring, disease resistant	
	Saffron Yellow		✓			42	4-6"	Yellow semi-crookneck, large leaves give good sunburn protection	
	Sunburst Pattypan				✓	52	12-18"	Yellow patty pan, tender, round w/scalloped edge, highly adaptable	
	Zephyr				✓	54	4-6"	Harvest young, nutty firm texture, yellow with green end	
	New England Pie Pumpkin		✓	✓		105	5#	Classic pie pumpkin with dry, stringless flesh and superior thick consistency in pies	
Alliums	Green Onion - Summer Island		✓			55	12"	Japanese bunching onion - mellow, sweet flavor, cold hardy	
	Leeks - King Richard		✓	✓		100	18-30"	Very dark blue/green foliage, holds in fields for fall harvest, overwinters if moderate, mild onion flavor	
	Onion - Redwing			✓	✓	118	3-1/2"	Deep maroon-skinned, with juicy, firm, thick rings, heavy, long, harvest, ultra-reliable red keeper	
	Onion - Yellow of Parma		✓			105	3-4"	Thick copper skin, fine necks, and round shape, uniform size, adaptable, standard yellow keeper	
	Onion - Walla Walla		✓	✓		125	2"	Sweet Spanish onion, juicy and mild, not for storage	
	Shallots - Conservor			✓	✓	110	2"	darkest red-skinned variety available from seed, smooth onion-y taste, bulbs store through April	
Brassica & Aplaceases	Broccoli - Belstar	✓	✓	✓		70	6"	Beautiful uniform blue-green heads of densely packed florets ideal for cold and warm weather planting	
	Broccoli - Romanesco	✓	✓	✓		80	8"	Intriguing chartreuse color with textural whorled heads. A culinary delight since the 16th century.	✓
	Brussel Sprouts - Igor	✓	✓	✓		100	30"	Well filled stalks of firm smooth sprouts, especially frost tolerant	
	Cabbage - Early Jersey Wakefield	✓	✓	✓		63	5-7"	Green, uniform, compact medium 2-3 lb waxy looking heads are distinctively pointy, tender flavorful	
	Cabbage - Mammoth Red Rock	✓	✓			100	8-10"	Red, firm flattened round 5-8 lb heads red-purple to the core, good keeper with a crisp sweet taste	
	Cauliflower - Early Snowball	✓	✓	✓		85	6-7"	Smooth heads of tightly formed white curds are solid, crisp, and tender, excellent quality	
	Cauliflower - Purple of Sicily	✓	✓	✓		90	2-3#	Brilliant purple changing to a striking green when cooked. A sweet, delicious, refined flavor, naturally insect resistant	✓
	Kohlrabi - White Vienna		✓	✓		63	2.5"	Pale green-skinned above ground bulbs, crisp white flesh, sweet turnip-like flavor, excellent raw or steamed	
	Kohlrabi - Purple Vienna		✓	✓		63	2.5"	Purple-skinned above ground bulbs, crisp white flesh, sweet turnip-like flavor, excellent raw or steamed	
	Pac Choi - Prize		✓	✓		47	6"	Delicious mild flavor, succulent white stems and lush green leaves, uniform, vigorous, and bolt resistant	
	Celery - Tango		✓	✓		80	2'	Early variety with superior flavor and more tender stalks, keep consistently moist	
Fennel - Perfection		✓	✓		72	6"	Good performer - sauté with onions, sweet peppers and a little toasted sesame oil.		
Greens	Collards - Georgia Southern	✓	✓			80	2-3'	Slow to bolt and tolerant of heat, cold, and poor soil, large cabbage-like leaves, tender, mild and juicy	
	Upland Cress		✓			50	6-8"	Easy to grow, long standing and slow bolting. Rosettes of dark-green, glossy, rounded leaves, simliar to watercress.	✓
	Kale - Dwarf Blue Curled Scotch		✓	✓		65	15"	Finely curled leaves, uniform low-growing with 20-35" spread, very hardy will overwinter zone 4 with mulch	
	Kale - Lacinato		✓	✓		62	20"	Italian, blue-green strap-like leaves 3" wide by 10-18" long, excellent flavor, best eaten when small	
	Swiss Chard - Rainbow	✓	✓	✓		60	20"	Shades of red, pink, white, yellow and gold, tender and delicious, color intensifies with delayed harvest	